



THE OFFICIAL
K-1 OPEN
WORLD AMATEUR CHAMPIONSHIPS
MILANO ITALY 29TH NOV - 1ST DEC 2019



ATTENTION ! NECESSARY DOCUMENTS TO PARTICIPATE

We remind you that without one of these documents the competitor will be not admitted to the competition and no money will be given back.

SO IN ORDER TO PARTECIPATE IT IS OBLIGATORY TO PRESENT:

PRE-REGISTRATION FORM before 31st October

REGISTRATION FORM until 19th November

Teams have to complete all the data and to send it by email to: k1worldopen@gmail.com

INSURANCE CERTIFICATION VALID FOR THE YEAR ENDING 2019

Every competitor has to present insurance certifications valid for the year ending 2019 and valid for any incident happened during the competitions.

PASSPORT OR IDENTITY CARD

At registration and weigh in all competitors must produce passport or an identity document issued by the country/region which he represents, Photo ID (Passport, ID card, EU driving License).

MEDICAL CERTIFICATION ORIGINAL AND VALID (NOT OLDER THAN 12 MONTHS)

At registration and weigh-in all competitors must produce a Medical certificate/document signed by a qualified physician confirming the competitor is medically fit to compete. Competitors must bring a health certificate (not older than 12 months). **For K-1 Light** it is necessary "medical certification fit to compete in Light Contact Rules Specialties". **For K-1 Full Contact Rules** it is necessary specific and regular medical certification for Full Contact Rules Specialties as "medical certification fit to compete in K-1 Rules full contact, Kickboxing full contact, Low Kick Kickboxing full contact, Muay Thai full contact rules, Sanda/San Shou full contact rules". This medical certification is a specific one. It is the same certification necessary to compete in Boxing competitions with specific medical examinations as electroencephalogram, eyes examination with videat fundus oculi, etc.

PREGNANCY TEST ONLY FOR WOMEN K-1 full contact rules

All the women competitors in K-1 Full Contact Rules at weigh-in have to present to the physician a pregnancy test within 14th days before competitions, with negative result.

PRESIDENT & CHIEF OF DELEGATION RESPONSABILITY FORM

The President and the Chief Delegation have to print it, fill, sign, present in original to Organizing Committee.

PARENTAL PERMISSION COMPETITORS UNDER 18 YEARS OLD K-1 LIGHT

Parents of competitors under 18 years old have to declare under own responsibility to permit to their children to participate to this competitions and to decline about every form of responsibility the organizing committee, K-1 Open, FIGHT1, all promoters in case of eventual incident happened during the K-1 Open World Amateur Championships 2019 in Milano - Italy.

They have to print it, fill, sign, present in original to Organizing Committee **with their identity document copy**.

SELF CERTIFICATION FOR THE COMPETITORS OVER 18 YEARS OLD K-1 LIGHT

All competitors over 18 years old have to print it, fill, sign, present in original to Organizing Committee.

PARENTAL PERMISSION COMPETITORS UNDER 18 YEARS OLD K-1 full contact rules

Parents of competitors under 18 years old have to declare under own responsibility to permit to their children to participate to K-1 full contact rules competitions and to decline about every form of responsibility the organizing committee, K-1 Open, FIGHT1, all promoters in case of eventual incident happened during the K-1 Open World Amateur Championships 2019 in Milano - Italy.

They have to print it, fill, sign, present in original to Organizing Committee **with their identity document copy**.

SELF CERTIFICATION FOR THE COMPETITORS OVER 18 YEARS OLD K-1 full contact rules

All competitors over 18 years old have to print it, fill, sign, present in original to Organizing Committee.

ATTACHMENT "A" MEN AND WOMEN ONLY K-1 full contact rules

To present to the physician of competition by men and women as pre-competition declaration of athletes that participate in K-1 full contact rules.

ATTACHMENT "B " ONLY WOMEN K-1 full contact rules

To present to the physician of competition only by women as pre-competition declaration of athletes that participate in K-1 full contact rules.

RELEASE TO COMPETE WITH ORTHODONTIC BRACES/APPLIANCES

Fighters who wish to compete with orthodontic braces or other orthodontic appliances are required to have the "Release to Compete with Orthodontic Braces/Appliance" form. This form requires the written approval of the fighter's dentist/orthodontist and parent (if under 18 years), and a commitment by the fighter to wear during competition their dentist-moulded gum shield.