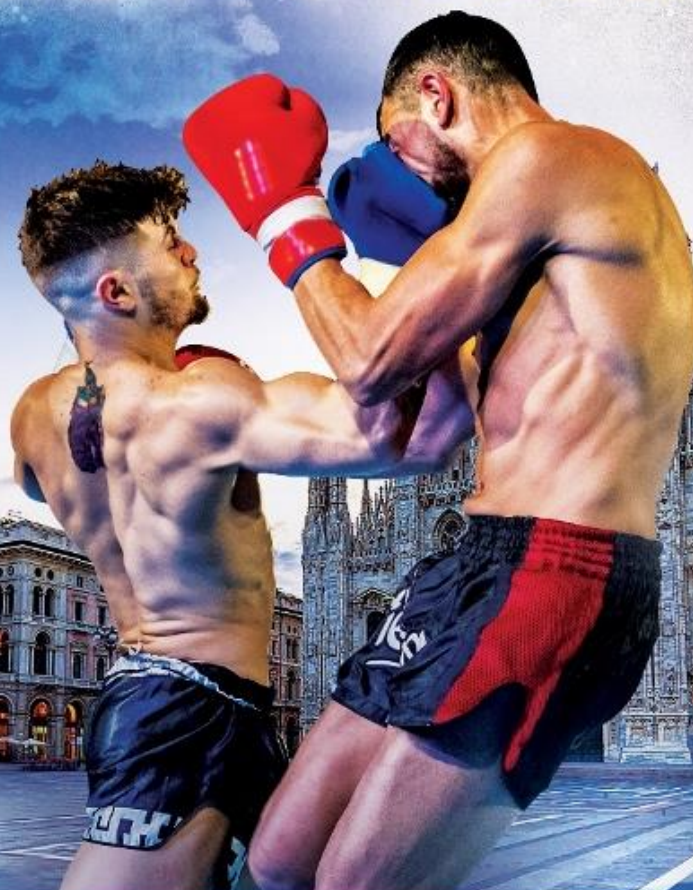




**29<sup>TH</sup> NOV • 1<sup>ST</sup> DEC 2019**



**MILAN ITALY**

THE OFFICIAL

**K-1 OPEN**

**WORLD AMATEUR CHAMPIONSHIPS**

**VENUE: PALABADMINTON - VIA GIOVANNI CIMABUE N°24 MILANO**

**APPLY NOW !**

**EMAIL: K1WORLDOPEN@GMAIL.COM - INFOLINE +39 02 3315458**





# K-1 Open World Amateur Championships 2019 Milan, Italy 29<sup>th</sup> November - 1<sup>st</sup> December 2019

## Introduction

Milan, the Italian most glamorous, young and exciting city with a strong combat sports' heritage will host 3 days of beautiful energy featuring the K-1 OPEN 2019 the only official K-1 World Amateur Championships.

K-1 is a name which immediately recalls the epic battles at Tokyo Dome which contributed to the creation of the myth of great stars and legends of this sport such as the Italian local hero Giorgio Petrosyan, Andy Souwer and Buakaw who are still in the business having millions of fans Worldwide.

K-1 OPEN World Amateur Championship offers the opportunity to win a **real K-1 Amateur World Title** and, at the same time, draw the attention of the most important promoters, managers and scouts searching for the next K-1 stars generation.

The Championship will be held on the 29<sup>th</sup>, 30<sup>th</sup> November and 1<sup>st</sup> of December at PalaBadminton, a unique 1.800 square metres venue with a capacity of over 1.000 people located close both to the vibrant city centre and the legendary San Siro Stadium.

See you in Milan my friends.

Paul Hennessy and Francesco Migliaccio

## Duomo di Milano, Milan Cathedral



## Porta Nuova Skyline, Milano





## Promoter

**FIGHT1** Infoline Tel. +39 02 331 5458 • Mobile +39 392 585 7771 • E-mail [k1worldopen@gmail.com](mailto:k1worldopen@gmail.com)

## Venue

**PALABADMINTON**

**VIA GIOVANNI CIMABUE N°24 – MILANO (Italy)** <https://goo.gl/maps/PS68jFZMeazVWbeJA>

## Exterior



## Floor plan



## Schedule

<b>29<sup>th</sup> November Friday</b>	<b>12:00 am – 8:00 pm</b> <b>6:30 pm – 8:00 pm</b>	<b>Registration &amp; Weight in</b> <b>Referees and Judges Meeting</b>
<b>30<sup>th</sup> November Saturday</b>	<b>9:00 am – 8:00 pm</b>	<b>Elimination Rounds</b>
<b>1<sup>st</sup> December Sunday</b>	<b>9:00 am – 8:00 pm</b>	<b>Semi Finals &amp; Finals</b>



## Entry requirements

The K-1 Open World Amateur Championships is open to all competent competitive martial artists. **Competitors must produce a personal insurance certificate**, or if they don't possess it, they can do it by paying Euro 29,00 (twenty-nine) fee during the weigh-in by previously communicating their personal information to the [segreteria@fight1.it](mailto:segreteria@fight1.it) e-mail address no later than November 19th, 2019.

At registration and weigh-in all competitors must produce passport or an identity document issued by the country/region which he/she represents, Photo ID (Passport, ID card, EU driving License), a Medical certificate/document signed by a qualified physician confirming the competitor is medically **fit to compete. Competitors must bring a health certificate (not older than 12 months).**

**For K-1 Light** it is mandatory to exhibit a “**medical certification fit to compete in Light Contact Rules Specialties**”.

**For K-1 Full Contact Rules** it is mandatory to exhibit a specific and regular medical certification for Full Contact Rules Specialties as “**medical certification fit to compete in K-1 Rules full contact, Kickboxing full contact, Low Kick Kickboxing full contact, Muay Thai full contact rules, Sanda/San Shou full contact rules**” (not older than 12 months). **On the medical certification, the doctor must write literally FULL CONTACT RULES.** This medical certification is a specific one. It is the same certification necessary to compete in Boxing competitions with specific medical examinations as electroencephalogram, eyes examination with videat fundus oculi, etc.

**All the women competitors in K-1 Full Contact Rules** at weigh-in have to present to the physician a **pregnancy test** within 14th days before competitions, with negative result.

**Please control all necessary documents to participate K-1 Open World Amateur Championships.**

The minimum age for competitors is 13 years in K-1 Light and 16 years in K-1.

**All Competitors under the age of 18 years must provide written permission of a parent or guardian (as in responsibility form pack).**

**The registration to the competition implies the consent to the decision of the organization to move the athlete to a different category/weigh division from the one he/she had previously applied if some categories and weigh divisions will have an insufficient number of registered competitors.**

## Entrance fees

### **Pre-registration before 31st October 2019 - Registration until 19th November 2019**

The K-1 Open World Amateur Championships is pre-entry only for competitors.

All competitors must register and pay the entrance fee before the 19th November 2019.

Competitors Pre-registration (before 31st October 2019): Euro 50,00 (fifty) must be paid before 31st October 2019;

Competitors Registration (after 31st October 2019): Euro 60,00 (sixty) – last term until 19th November 2019;

Competitors extra category/division: Pre-registration (before 31st October 2019) Euro 30,00 (thirty) each; Registration (after 31st October 2019) Euro 40,00 (forty) each.

If a competitor fails the weigh-in for the weigh division he/she applied for he/she will have to pay a fee of Euro 20,00 (twenty) and the organization will take irrevocable decision regarding his/her participation.

### **Coaches:**

Every team who reserved the suggested hotels will have free entrance for all coaches.

Teams with less than 4 fighters, not in the suggested hotels, will receive 1 coach pass free of charge.

Teams with 4 or more fighters, not in the suggested hotels, will receive 2 coaches passes free of charge.

### **Spectators:**

Free entrance for the spectators and coaches who reserved the suggested hotels;

Other spectators/coaches: Euro 15,00 (fifteen) per day – Euro 25,00 (twenty-five) for the 2 days pass.

For pre-entry and entry information please email: [k1worldopen@gmail.com](mailto:k1worldopen@gmail.com)

For updates and latest news please visit the websites [www.fight1.it](http://www.fight1.it).

### **Bank account for entrance fee and tickets**

In order to pre-register and register, country representatives have to fill in a registration form and pay the Competitors Starting Fees and Spectators Entrance fees in advance to:

Account Name: Associazione Nazionale Fight Sport ASD

Bank Name: Banca Popolare - Address: Piazza Mercanti, 5 - 20100 MILANO

IBAN: IT17N0503401615000000001488

BIC: BAPPIT21M92



# K-1 OPEN 2019

## CATEGORIES & WEIGHT DIVISIONS

Cadets 13-15 years K-1 Light (3 x 1 ½)			
No.	Boys	No.	Girls
33	- 45 Kg	42	- 48 Kg
34	- 49 Kg	43	- 52 Kg
35	- 54 Kg	44	- 56 Kg
36	- 58 Kg	45	+56 Kg
37	- 63 Kg		
38	- 69 Kg		
39	+69 Kg		

Cadets 16-17 years K-1 Light (3 x 1 ½)			
No.	Boys	No.	Girls
47	- 54 Kg	57	- 52 Kg
48	- 58 Kg	58	- 56 Kg
49	- 63 Kg	59	- 60 Kg
50	- 67 Kg	60	+60 Kg
51	- 71 Kg		
52	- 77 Kg		
53	+ 77 Kg		

Seniors 18-40 years K-1 Light (3 x 2)			
No.	Men	No.	Women
61	- 57 Kg	71	- 52 Kg
62	- 63 Kg	72	- 56 Kg
63	- 67 Kg	73	- 60 Kg
64	- 71 Kg	74	+60 Kg
65	- 77 Kg		
66	- 85 Kg		
67	- 95 Kg		
68	+ 95 Kg		

Veterans 41-50 years K-1 Light (Women until 45 Years) (3 x 2)			
No.	Men	No.	Women
75	- 75 Kg	77	- 60 Kg
76	+ 75 Kg	78	+ 60 Kg

Cadets 16-17 years K-1 (3 x 1 ½)			
No.	Boys	No.	Girls
89	- 54 Kg	99	- 52 Kg
90	- 58 Kg	100	- 56 Kg
91	- 63 Kg	101	- 60 Kg
92	- 67 Kg	102	+60 Kg
93	- 71 Kg		
94	- 77 Kg		
95	+ 77 Kg		

Seniors B Class K-1 18-40 years (3 x 2)			
No.	Men	No.	Women
103	- 57 Kg	113	- 52 Kg
104	- 63 Kg	114	- 56 Kg
105	- 67 Kg	115	- 60 Kg
106	- 71 Kg	116	+60 Kg
107	- 77 Kg		
108	- 85 Kg		
109	- 95 Kg		
110	+ 95 Kg		

Seniors A Class K-1 18-40 years (3 x 2 Eliminations 3 x 3 Final)			
No.	Men	No.	Women
117	- 57 Kg	127	- 52 Kg
118	- 63 Kg	128	- 56 Kg
119	- 67 Kg	129	- 60 Kg
120	- 71 Kg	130	+60 Kg
121	- 77 Kg		
122	- 85 Kg		
123	- 95 Kg		
124	+ 95 Kg		

### Competition management

**FIGHT1** Info line Tel. +39 02 331 5458 • Mobile +39 392 585 7771 • E-mail k1worldopen@gmail.com  
 Supervisor in charge: Francesco Migliaccio Mobile +39 348 603 1779



## **K-1 Open Rules Summary**

K-1 Light Cadets Boys & Girls 13-15 and 16-17 years:

Controlled light contact to head body arms and legs no spinning back fist or knee strikes to the head 3 x 1 ½ minute rounds eliminations and finals, scoring criteria will favour technique over aggression.

K-1 Light Seniors Men & Women 18-40 years, Veterans Men 41-50 & Women 41-45 years:

Controlled light contact to head body arms and legs no spinning back fist or knee strikes to the head 3 x 2 minute rounds eliminations and finals, scoring criteria will favour technique over aggression.

K-1 Cadets Boys & Girls 16-17 years:

K-1 Rules with exceptions, no spinning back fist or knee strikes to the head, standing eight counts, referees will give a standing eight count for even minor signs of distress, un-willness to compete or inability to defend, 3 x 1 ½ minute rounds eliminations and finals, standard K-1 scoring criteria.

K-1 Seniors B class Men & Women 18-40 years:

B Class Competitors must not have more than 10 fights and never competed in A class, records will be verified any competitor giving false information will be disqualified, K-1 Rules with exceptions, no spinning back fist or knee strikes to the head 3 x 2 minute rounds eliminations and finals, standard K-1 scoring criteria.

K-1 Seniors A class Men & Women 18-40 years:

K-1 rules all legal K-1 striking techniques allowed including spinning back fist and knees to the head 3 x 2 minute rounds eliminations and 3x3 minute round finals, standard K-1 scoring criteria (The A class division will be contested without head guards).

## **Compulsory Uniform and Equipment**

K-1 Light Cadets Boys & Girls 13-15 and 16-17 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Light Seniors Men & Women 18-40 years, Veterans Men 41-50 & Women 41-45 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Cadets Boys & Girls 16-17 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Seniors B class Men & Women 18-40 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Seniors A class Men & Women 18-40 years:

Shorts, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

Ring Female with Top or T-shirt. It is recommended that all female competitors wear breast protection.

Only the 10 oz gloves, shin pads and head guard of the recognized brands are permitted. The organizer will in advance publish the list of the authorized Brands. The promoter will grant some protections to borrow and at the venue there will be a dedicated sport store where to buy at interesting prices the best products on the market.

## **Flag & Anthems**

Please bring the CD of your National anthem, and two (2) national flags (72 cm x 120 cm).

## **Awards**

Every competitor will receive the Official K-1 Open Participation Certificate, the Semi-finalist (last 4) in each division will be awarded medals as follows:

1st Place Gold medal;

2nd Place Silver medal;

3rd Place Bronze medal (x2 joint third).



# **Extra-EU citizens can come with own tourist visa**

## **Hotels reservation and bank details**

**FIGHT1** Tel. +39 02 331 5458 • Mobile +39 392 585 7771 • E-mail [k1worldopen@gmail.com](mailto:k1worldopen@gmail.com)

Account Name: Associazione Nazionale Fight Sport ASD

Bank Name: Banca Popolare - Address: Piazza Mercanti, 5 - 20100 MILANO

IBAN: IT17N0503401615000000001488

BIC: BAPPIT21M92

## **Accommodation / Hotels**

Hotels in Milan are normally very expensive because the city is one of the of most popular tourist attractions and business hub in Italy. But we made an agreement with an absolutely very nice and cheap hostel which is located in the emerging Porta Nuova district close to the City centre and fashion district. **It is Meininger Milano Garibaldi - Via Privata Giovanni Calvino 11, Milano MI.**

**Including in the hostel reservation there will be as well the free entrance to the K-1 Open World Amateur Championship for all people coming with the fighters.**

The price of Meininger Milano Garibaldi is **Euro 45,00 (forty five)** per person, per night, in multiple room, breakfast and VAT included. Daily city tax (Euro 2,00 per day) and towels (Euro 1,00 per day) are not included. The rooms available are only for a restricted number of people and to be sure to find available rooms we recommend to proceed immediately with your reservation filling the Hotel reservation form, and paying before 25<sup>th</sup> October to keep this prices stable. According to the number, gender and age (adult or minor) of each single group the organization will proceed with the arrangement of the rooms. After this date, the prices of Meininger Milano Garibaldi or others Hotels will be higher if still available.

## **Airports**

Nearest international airports are:

- Milano Linate (LIN) <https://www.milanolate-airport.com/en/>
- Milano Malpensa (MXP) <https://www.milanomalpensa-airport.com/en/>
- Milano Bergamo Orio al Serio (BGY) <https://www.milanbergamoairport.it/en/>

All the above mentioned airports are directly connected to the city centre either by shuttle, train or public transport.

## **How to reach the Venue called “PalaBadminton”**

via Giovanni Cimabue, 24, 20148 Milano MI

<https://goo.gl/maps/PS68jFZMeazVWbeJA>

## **From Malpensa Airport (MXP) Terminal 1 and 2**

Get the “MALPENSA EXPRESS” direction “CADORNA” (approximately a 40 minute ride). Trains leave every 30 minutes from the airport to Cadorna. For Timetable information click here [www.malpensaexpress.it](http://www.malpensaexpress.it). From “CADORNA” Station get the subway LINE 1 - (M1) red line, direction “RHO FIERA” and get off at “QT8”.

## **From Linate Airport (LIN).**

Get the BUS 73 direction “DUOMO” and get off at “DUOMO” (approximately a 30 minute ride). From “DUOMO” get the subway LINE 1 - (M1) red line , direction “RHO FIERA” and get off at “QT8”.

## **From Milano Bergamo Orio al Serio Airport (BGY)**

Get Orio Shuttle service provided by Air Pullman direction “MILANO CENTRALE” and “FIERA MILANO” (approximately a 50 minute ride). For Timetable information click here [www.orioshuttle.com](http://www.orioshuttle.com). Terravision is another company which offers airport transfers from Orio al Serio to MILANO CENTRALE (the trip takes about 60 minutes). For Timetable information click here [www.terravision.eu](http://www.terravision.eu)



## By Train

Arriving at the “CENTRAL STATION”, you can take the green subway LINE 2 - (M2) green line, direction “ASSAGO” or “ABBIATEGRASSO” till the stop “CADORNA”. Once at “CADORNA” switch to the red subway LINE 1 - (M1) red line, direction “RHO FIERA” and get off at “QT8”.

## By Metro from the city centre

Go to “DUOMO STATION” and take the red subway LINE 1 - (M1) red line to “QT8” Station, 9 stops “RHO FIERA” direction (approximately a 15 minutes).

## By Metro from the Meininger Milano Garibaldi

Go to “CENISIO STATION” and take the lille subway LINE 5 - (M5) lille line to LOTTO STATION, 5 stops “SAN SIRO STADIO” direction, change to the red subway LINE 1 - (M1) red line to “QT8” Station, RHO FIERA direction (approximately a 25 minutes).

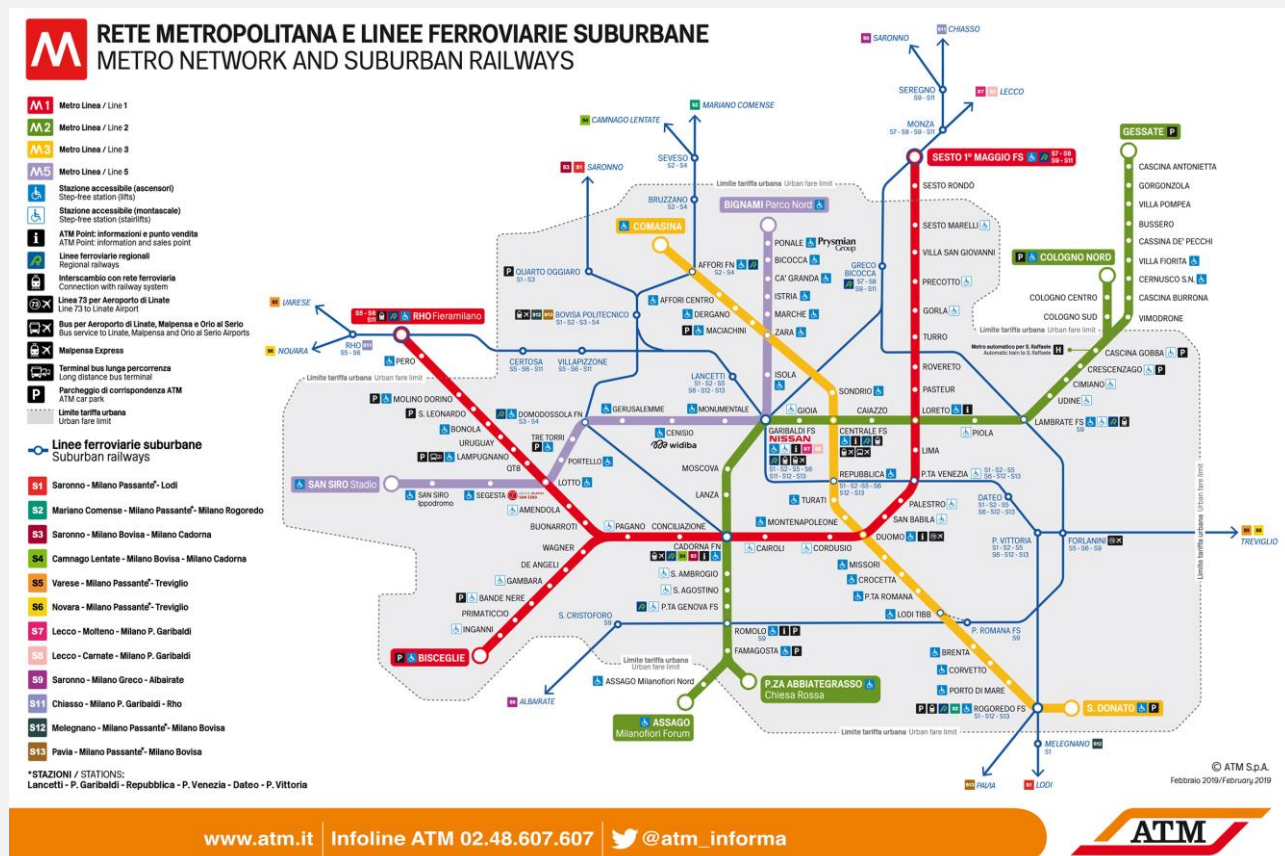
## By Car

If arriving from the direction of Turin (A4), Genova (A7) or Bologna (A1), make your way to the western ring road (TANGENZIALE OVEST) and take EXIT 3 to the Via Novara. If coming from the direction of Venezia, take the exit towards the Viale Certosa.

## By Taxi

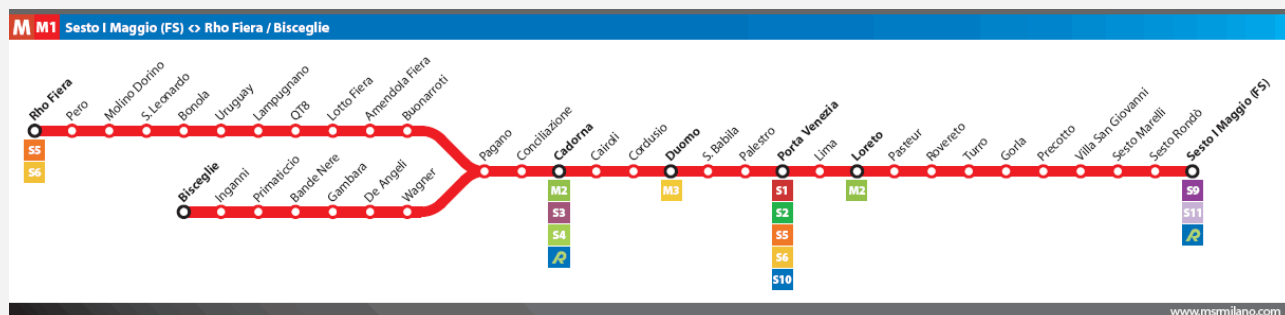
The taxi service allows to easily reach the venue from every area of the city. Phone numbers to book a taxi: +39 02 8585; +39 02 6969; +39 026767; +39 02 4040. Usefull Apps: Uber ; MyTaxi.

## Welcome to Milano



[www.atm.it](http://www.atm.it) | Infoline ATM 02.48.607.607 | [@atm\\_informa](https://twitter.com/atm_informa)

**ATM**







Units 1502-03, 15/F Connaught Commercial Building  
185 Wanchai Road, Wanchai, HongKong


To whom it may concern,

I am writing this letter to confirm that Mr. Paul Hennessy and his team are the only group authorized to promote the official K-1 OPEN Amateur World Championship in the year of 2019. The K-1 OPEN 2019 will be held in Milan, Italy 29<sup>th</sup> November to 1<sup>st</sup> December in association with K-1 Global Holdings.

K-1 OPEN Amateur World Championships is an open Championship, meaning any competent amateur martial artist with competitive experience can enter regardless of style or affiliation to any association, federation or organization. There is no limit or regulation as to how many people from one country can compete in a category the K-1 OPEN is not based on countries but on the individuals, all are welcome to test their skills.

K-1 Global is the sole owner of the K-1 Brand and K-1 Rules which are unique intellectual property. At this point in time K-1 Global has not authorized any association, federation, organization or promotion to use the K-1 name, K-1 Rules or K-1 Brand/Logo other than Paul Hennessy and his team in relation to the official K-1 OPEN Amateur World Championships.

Any association, federation, organization or promotion using the K-1 name, K-1 Rules or K-1 Brand/Logo for an amateur or professional event would be doing so illegally and violating trademark and copyright laws.

  
Amanda Yang  
Chief Executive Director  
K-1 Global Holdings Limited

